



Behavioral Health Management Outta Bounds Day Camp

The safety, well-being, and health of your camper is top priority at Camp Timberline. We want camp to be a successful experience for each camper! We appreciate your review of the information below that describes the essential functions necessary for campers to attend Outta Bounds. Please consider your camper's age, communication level, medical, physical, mental, emotional and/or behavioral limitations if you would like your child to attend day camp. Any kind of assistance with these functions, including interpreters or personal caregivers, cannot be accommodated. If your child requires assistance please contact our camp office prior to the camp dates you have selected to determine eligibility. Thank you for partnering with us to ensure the best decision for your child!

Essential Functions of a Camp Timberline Camper:

For the Outta Bounds Program, campers who have completed Kindergarten through 6th grade are expected to:

- **Function Independently** – Campers will be involved in an active environment for a full week without requiring one-on-one supervision. All health, cognitive, language and behavioral issues need to be self-managed without a parent/guardian/caregiver present. This includes all activities of independent daily living (dressing, eating, toileting and hygiene).
- **Interact Cooperatively with Others** – Campers must be able to effectively interact in a group-based community environment; not isolating themselves or treating others in an unkind or unsafe manner.
 - **Bullying Policy:** Camp Timberline is a place where each and every person is known and loved. Our core values promote kindness, patience, positivity, gratitude, forgiveness and safety. Behavior that contradicts these actions in the form of direct or indirect bullying that causes physical, verbal, social or emotional harm to a camper will **NOT BE TOLERATED** at Camp Timberline. A Camp Director will immediately address any incident of reported bullying and reserves the right to dismiss a camper from camp without refund based upon the severity of the behavior. Each incident will be evaluated and reviewed on a case-by-case basis.
- **Be Attentive and Follow Directions** – Campers need to respond well to authority and follow directions of the Camp Timberline staff over a sustained period of time. This includes the ability to communicate verbally without language barriers. Many activities at camp require a cognitive understanding of procedures, safety instructions and potential risks before participating. Safety is a priority and each camper is responsible to follow the guidelines and rules set forth by the Camp Timberline staff.
- **Maintain Physical Activity at 5,000-6,000 Feet Above Sea Level** - Our program is very active for campers. The daily schedule is high paced, which includes sports, inflatable obstacle courses, climbing walls, high energy games, interactive groups and more. Campers must be able to independently engage in activities within these conditions.

Medical and/or Dietary Concerns:

Please notify staff of any conditions listed below that may apply to your camper:

- **Medical Concerns:** Diabetes, Cystic Fibrosis, Hemophilia, Epilepsy, and heart conditions need to be reviewed by our directors. The Day Camp program does not have a registered nurse on site, but the Day Camp Director or Healthcare Assistant can administer basic medications and emergency prescriptions such as inhalers and EpiPens. If your child needs insulin or medication requiring a syringe, please have a parent commit to being present to administer medication/care when those items should be taken.
- **Dietary Concerns:** Celiac Disease, peanut allergies and dairy allergies need to be reviewed with our director, administrative assistant and health assistant. Snacks provided are purchased in bulk so please

provide your own snacks to avoid cross contamination or if your camper needs a more substantive snack.

Social/Emotional/Behavioral Concerns:

Please notify staff of any conditions listed below that may apply to your camper:

- Separation Anxiety, Depression, Suicidal Tendency, Learning Disability, Language Delay, Observed Behavior Challenges, Autism, Asperger's, and Down's Syndrome.

Thank you for reviewing this information. As mentioned, please consider your camper's age, communication level, medical, physical, mental, emotional and/or behavioral limitations if you would like your child to attend day camp. Any kind of assistance with these functions, including interpreters or personal caregivers, cannot be accommodated. Please contact our camp office at 970.484.8462 as soon as possible to determine eligibility if this is a concern. Thank you for partnering with us to ensure the best decision for your child!