



We're so excited you are joining us for a fun filled week
at Camp Timberline's

OUTTA BOUNDS

Please read all of the enclosed information. You will find answers to frequently asked questions to prepare you and your camper for a successful week of camp. You will need to fill out forms both online and on paper to be turned in on Opening Day, so please see below for clarification:

FORMS TO PRINT – enclosed

Do not fax or mail. Please hand in Opening Day.
Thank you!

- Statement of Participation Form – This provides authorization for medical care if needed.
- Colorado Allergy and Anaphylaxis Emergency Care Plan – If your child has any allergy that would require this type of plan, please submit this form or copies your physician's office or school already has at Check-In

ONLINE FORMS – under camper registration account

You will find required forms to be completed on the dashboard of your camper's account. These **MUST BE COMPLETED ONLINE**. Please make sure all blanks are filled in and each form has your electronic signature at the bottom.

- Camper Health Form
- OB Liability and Photo Release Form
- Communicable Disease Waiver
- Permission for Pick-up
- Medications and Allergies - NEW program available to enter these items before arrival! Click on "Add Medication" and "Allergies" boxes under the Medical section to get started!

DAY CAMP | PARENT INFORMATION – PAGE 1



OPENING DAY MONDAY – NEW HEALTH SCREENING REQUIRED

PLEASE ALLOW EXTRA TIME FOR CHECK-IN ON OPENING DAY! Due to new health standards, we will be taking camper temperatures and completing a 24-Hour Health Screening form beginning at 8:30am. Please see our Illness Prevention and Health Policy regarding these guidelines. With your help in having all of your online forms completed ahead of time, tuition paid, and bringing your camper's SIGNED Doctor Statement of Participation Form and Immunization Record, we can reduce unnecessary delays.

DAILY CHECK IN TIME – 8:30am – NOT EARLIER

Camper check-in and screenings begin at 8:30am and continue until our program begins at 9:15am or until all campers are processed. If you arrive before our scheduled time, please wait in your car or in-line until our scheduled opening at 8:30am. During check-in each morning, we are asking parents/guardians to adhere to social distancing guidelines and state mandated mask requirements. Please allow extra time for daily health screenings and temperature checks. Thank you!

DAILY CHECK OUT TIME – 3:45pm - 4:00pm

Check out time begins when our program ends around 3:45pm. Please do not arrive later than 4:00pm to pick up your child. During pick-up each afternoon, we are asking parents/guardians to adhere to social distancing guidelines and state mandated mask requirements. Pending Covid guideline status, we will communicate if pick-up will be inside or outside. For either scenario, we will release your child after the security card has been provided and the child has been signed out.

DAILY CHECK OUT PROCEDURE – SECURITY CARDS

During Opening Day check-in, we will provide you with a sheet of multiple security cards. You may give a card to anyone who will be authorized to pick up your camper, including you. Keep this card for the week and reuse daily. ***This card MUST be presented to the counselor daily for your camper(s) to be released. Photos of the card on a phone are not accepted.*** If the adult does not have their security card, we will check their name on your Permission to Pick Up list that you completed online. If they are on the list, we will check their photo ID and issue them a new security card. If necessary, we will call you to confirm your camper can leave with that person. Be sure to provide all names of anyone (friend, relative, spouse) who may be picking them up -- including YOU! We have extra security cards for you in this packet as well.

CLOSING DAY THURSDAY –

A very meaningful Closing Day ceremony will be held on Thursday at 3:00pm. Current guidelines dictate that our Closing Ceremony will be for the campers only. If individual county/church guidelines change, we will alert you to any modifications for families to attend this special event! The celebration involves the weekly video, camper awards, counselor and cabin introductions, songs, a group dance performance and more! The ceremony will end at the usual pick-up time of 4:00pm. Please notify us if your child will be missing the ceremony due to early pick-up or an absence so we can coordinate presenting his/her camper award with you at another time.

EVERY DAY –

As part of our efforts, in partnership with county guidelines, to provide a safe environment and make activity modifications your child(ren) will enjoy, campers will be assigned to small cabin groups that will operate in cohorts by doing adventure activities, sports, programming and lunch with their group. Most specifically, each day campers will have the opportunity to learn and develop skills in a variety of team sports listed below. Pending Covid restrictions and cohorts remain in place, campers will continue to participate in a variety of sports and adventure activities each day within that cohort. Regardless of restrictions, we want to make sure each child feels comfortable and successful trying a brand-new sport and adventure element.

SPORTS OFFERED – each sport is coed (pending guidelines). For all sports, we recommend athletic/running shoes. NO cleats please.

- Basketball
- Lacrosse (bring a stick if you have one)
- Flag football (no contact so no need for pads)
- Soccer
- Volleyball
- Dance (campers in dance during the week will perform a routine at the Closing Ceremony)
- Arts and Crafts (campers may choose to do arts and crafts as one of their sport rotations)

DAY CAMP | PARENT INFORMATION – PAGE 2



SUMMER CAMP SAFETY - #1 PRIORITY –

We take your child's safety and well-being very seriously at Camp Timberline. It is our TOP PRIORITY. We recognize that a safe environment is the foundation for everything we do at Camp Timberline and we seek to provide this standard through the following areas:

- Staff Hiring & Training – We hire the best staff in the country through a rigorous, 4-step screening process
- Staff to Camper Ratio (1:4) – Your child is known and protected by staff 24/7
- Health – Staff are CPR certified, in-depth arrival screening, increased sanitization procedures, current protocol on illness prevention and Covid guidelines. Please visit our website for the most up to date guidelines specific to each church location.
- Activities – Regularly certified and accredited
- Facilities – Each church location maintains their facilities and has an emergency action plan in place
- Food Service – Snacks are provided daily and are purchased in bulk, may contain gluten, dairy or nuts. If allergies are a concern, please provide a snack for your camper each day.

For questions or concerns regarding our safety policy please contact 970.484.8462 or office@camptimberline.com.

COVID SAFETY INITIATIVE –

We have created a Safety Initiative, both operationally and medically, to ensure that Day Camp is conducted in the best possible way in response to COVID-19. Please refer to the addendum to this packet for detailed information on our current policies. Visit our website for the most up to date guidelines specific to each church/county as well.

EMERGENCY ACTION PLAN –

Camp follows ACA and state guidelines with emergency response. These protocols are in place in the rare case that there is an emergency at the church facility. The action plan, method of communication, and procedures regarding campers and staff are available on our website. If you have any questions regarding this matter, please contact our Fort Collins office at 970.484.8462 or office@camptimberline.com for further details.

HEALTH SERVICES –

Each staff member at Camp Timberline is trained in CPR and First Aid. The Day Camp program does NOT have a registered nurse/medical personnel on site, but the Day Camp Director can administer basic medications and emergency prescriptions such as inhalers and EpiPens. If your child needs insulin or medication requiring a syringe, please have a parent commit to being present to administer medication/care when those items should be taken.

Please also review the Health/Behavior Policy in this packet so you and your camper are familiar with the essential functions listed for participants. Our Day Camp is unique in its structure of activities, pace, and energy level, so compliance with these functions is critical for the safety and experience of both camper and staff. If you have any questions related to this policy, please do not hesitate to contact our Fort Collins office.

MEDICATION –

Each Day Camp location will have Advil, Tylenol, Benadryl, and Tums available. These over-the-counter medications are kept in a locked box and accessible only by the Camp Director or authorized staff. New state childcare regulations require that all medication brought to camp must be in the original prescription bottle or box with doctor's orders for each item. We cannot accept unlabeled medication or items without a copy of your doctor's orders and will have to turn away these items. Physicians must also sign inhaler and EpiPen use forms before these items can be administered at camp. If your child will need an inhaler, EpiPen, or other prescribed medication while at camp, please see the appropriate forms in this packet and bring with you on Opening Day.

ALLERGIES & DIETARY RESTRICTIONS –

If your child has an allergy (drug, insect, plant, and/or food) or dietary restriction concern that could result in a reaction while at camp, we want our staff to be knowledgeable about your child's situation. Please complete the Colorado Allergy and Anaphylaxis Emergency Care Plan prior to your child's arrival at camp (please see this form later in the packet) and contact the Outta Bounds Director at 303.359.2218 or diane@camptimberline.com to talk about how to make this a positive and safe experience for your child. Your child will be bringing their own lunch daily; however, we will be serving bulk snacks that may contain gluten, dairy or nut residue, so plan to provide a camper snack if these items are to be avoided.



CAMP STORE –

Pending Covid Guidelines, we will set up our camp store for purchases after the Closing Ceremony on Thursday. We have t-shirts, hats, gift items and much more. Cash, check and credit card are accepted. If we are unable to offer this option due to Covid Guidelines, we also have an online camp store available.

BIRTHDAYS –

It is an honor to celebrate your child's birthday at camp!!! We celebrate each birthday with creativity and excitement during lunch or snack time on your child's birthday. We have a team of staff sing a fun and energetic song to your child and provide your child/cabin with a birthday treat. If you would like to do something in addition to this for the big day, please contact diane@camptimberline.com and we would be happy to assist you in making this day very special and safe with Covid guidelines.

COMMUNICATION and VISITATION WITH CAMPERs –

We are very aware of the great responsibility in caring for your child. In case of an emergency on site, either physical or otherwise, you will be notified immediately. Should a family emergency arise and you need to contact your camper quickly while they are at camp, you may contact our Camp Director, Diane Dahm, directly at 303-359-2218 or call the church office (numbers listed at the end of this packet).

On a regular basis, we DO NOT allow visitation (eating lunch) or phone calls (either incoming or outgoing) regardless of Covid guidelines, because of the interruption to the schedule and effect on camper morale. Unfortunately, this includes birthdays and other special occasions. It has been our experience that these rules are in the best interest of each camper. As noted above, exceptions will be made only in absolute emergency.

REMINDER ABOUT BUDDY REQUESTS –

Campers are placed in small groups based upon gender, age and grade. Within these parameters, we strive to honor ONE buddy request per camper. The requested "buddy" must be within 12 months of the other camper's birth date, and first priority will go to reciprocal requests. All groups are balanced between campers with buddy requests and those without buddy requests. All will be grouped within the same 12-month age group pending an unusual breakdown of age ranges in camper registrations.

SESSION PHOTOS AND VIDEO –

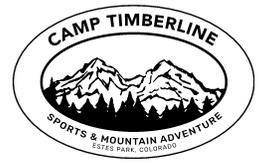
Pictures of activities from each session will be posted on our secure photo site daily. You will be given the login information to have access and enjoy! In addition, you will receive a camper cabin picture on Closing Day. Each session's video will be accessible through Vimeo and emailed to you.

BALANCE DUE –

Account balances are due by May 1st for registrations done before March 1st. Please log back into your account and make the final payment prior to that date. Any balances that are not paid by May 1 will be charged to the card on file. You may also pay by check online. All mail-in payment should be sent to 430 Canyon Avenue, Fort Collins, CO 80521.

Please note that our camp at the Genesis Project is being offered at a lower cost because of our generous donors. You may receive emails from Camp Timberline reminding you to pay the full \$200/child but please disregard these messages. You are only responsible for paying \$50/child.

Email hattie@genesisfortcollins.com with any questions or concerns about payment, since this is a situation unique to the Genesis Project.



CANCELLATION/WITHDRAWAL REFUND POLICY –

Camp Timberline greatly values each family's investment in camp. We strive to honor your funds and also cover fixed costs to make this the best experience for your child. With this consideration, here is our cancellation policy:

- If a camper cancels for any reason after May 1st, no monies will be refunded.
- Camp Timberline will always try to work with camper families to reschedule the camper's session, pending availability.

DISMISSAL DUE TO CAMPER BEHAVIOR –

Please refer to the Camper Health/Behavioral Policy for guidelines on successful participation at camp. This explains our protocol for any social/emotional/behavioral issues that require one-on-one supervision which Camp Timberline staff cannot provide in this setting. The Camp Director will contact the parent to discuss concerns regarding this policy and reserves the right to dismiss any camper who becomes in any way detrimental to the best interest of the other participants at camp. We cannot give refunds for dismissals that fall under these policy guidelines.

CARING FOR OUR CAMPERS –

Camp Timberline is licensed and regularly renewed by the Child Care Division of Colorado and required by law to report any suspected case of child abuse discovered while a child attends camp. Parents/guardians are also free to file a complaint with the Colorado Department of Human Services and the Division of Child Care by mailing to 1575 Sherman Street, Denver, CO 80203-1714 or calling 303-866-5958 or 1-800-799-5876.

CONTACT INFORMATION –

REGISTRATION QUESTIONS

Year-Round Office Address
430 Canyon Avenue, Fort Collins, CO 80521 Office – 970-484-8462
Registrar email – office@camptimberline.com
Fax – 970-416-7878
www.camptimberline.com

ON-SITE QUESTIONS

Camp Director Diane Dahm
Camp Director Cell Phone – 303.359.2218
Camp Director Email – diane@camptimberline.com

CHURCH OFFICE PHONE NUMBERS

- Week One: Parker Evangelical Presbyterian Church (PEPC) - 303.841.2125
- Week Two: Cheyenne Hills - 307.778.6431
- Week Three: Shepherd of the Hills - 303.798.0711
- Week Four: Immanuel Lutheran - 970.667.4506
- Week Five: Mission Hills 303.794.3564
- Week Six: Cherry Creek Presbyterian - 303.779.9909
- Week Seven: Antioch (with Two Rivers Church) – 970.227.0901
- Week Eight: Plum Creek - 303.663.1714
- Week Nine: Discovery Christian - 303.604.6280
- Week Ten: The Genesis Project – 970.682.2289



OUTTA BOUNDS PACKING LIST

WHAT TO BRING EVERY DAY – please label all belongings

- _____ Mask
- _____ Water Bottle – we have coolers of water available all day
- _____ Bible and pen
- _____ Backpack to store all items
- _____ Sunscreen – please put on before arriving
- _____ Hand Sanitizer – small bottle to have on hand
- _____ Athletic Shoes (closed toed are required for adventure activities)
- _____ If choosing lacrosse – stick. NO other sports require equipment.

*The Genesis Project will be providing a lunch for all children. There is no need to pack one.

WHAT TO BRING FOR WATER DAY (WEDNESDAY) –

- _____ Swimsuit – Moderate one piece for girls, swim trunks for boys
- _____ Towel
- _____ Goggles for shaving cream fight – optional protection
- _____ Sandals, or water shoes for water activities – campers will also be running and playing in the grass/field areas

WHAT TO BRING FOR PARTY DAY (THURSDAY) –

- _____ Costume for theme party to change into! The theme is “Extraterrestrial Extravaganza.”

WHAT NOT TO BRING –

- _____ Cell phones, radios or iPods
- _____ Water guns, fireworks or weapons of any kind
- _____ Please no clothing advertising alcohol, tobacco, marijuana, etc.
- _____ Camp Timberline reserves the right to search bags if deemed necessary to maintain safety for campers.

DAILY SNACK –

We will provide a snack each afternoon. These are purchased in bulk and may contain gluten, dairy or produced in a plant manufactured with nuts. *Please pack a snack if your camper avoids these ingredients.*

OUTTA BOUNDS DAY CAMP SUMMER 2021 PARTY THEMES



VOYAGE AT SEA

Arrrr ye ready for a swashbuckling adventure? Calling all buccaneers and mateys ... pirates and mermaids .. seafarers and sea creatures alike. Grab your spyglass, compass, fins and hooks as we search the Seven Seas for the Lost Treasure. Will ye recover the lost bounty or will ye forever swim with the fishes in the deep blue sea?

Week 1 | PEPC
Week 3 | Shepherd of the Hills
Week 5 | Mission Hills
Week 7 | Antioch & Two Rivers
Week 9 | Discovery Christian Church



EXTRATERRESTRIAL EXTRAVAGANZA

Calling all planets, stars, astronauts, aliens, space cowboys and more! Come join us on our quest to find the best galactic treat in the universe. Set your gadgets to space mode as we whiz through the galaxy. Get ready to dodge asteroids, comets and space debris as we blast off on this interplanetary adventure.

Week 2 | Cheyenne Hills
Week 4 | Immanuel Lutheran
Week 6 | Cherry Creek Pres. Elementary
Week 8 | Plum Creek Church
Week 10 | Genesis Project



Safety Initiative for Day Camp

Since 1997 Camp Timberline has existed to reach and strengthen kids for Christ through sports and mountain adventure. Our purpose is no different in 2021. Even though Day Camp's daily operation may look different this summer, the feel of camp and our intentional care for your children will stay the same. Thus, in order to continue safe, individual care for your children, we have created this Safety Initiative, both operationally and medically, to ensure that Day Camp is conducted in the best possible way in response to COVID-19.

Before sending your child to Camp Timberline, you acknowledge that your child is attending under the conditions which follow and are subject to abrupt change at any time. Camp Timberline cannot promise or guarantee that COVID-19 or any other pathogen will not enter camp. By the very nature of the personal interaction that takes place in the camp environment, there is always a risk of your child becoming ill with this or any other communicable disease.

Safety Initiative Guidelines:

Federal and State Health Guidance: We will continue to rely on expert guidance for COVID-19 provided by CDC resources, the Environmental Health and Engineering (EHE) Guidebook, the American Camping Association (ACA), the Association of Camp Nursing (ACN), as well as our state and local health department guidelines, with the goal of providing a safe and fun environment for campers and staff. Doing so will allow us to customize practical steps to help prevent the entry of COVID-19 and limit the impact on campers and staff if entry occurs. Since each church partner is located in a different county with individual county guidelines, **all strategies and protocols will be reviewed and evaluated in accordance with those specific guidelines. We will update and adapt these guidelines for each location as new information becomes available and provide a link for each church partner on our Day Camp website.** Thank you for your patience and understanding as we diligently work to bring you a fun-filled week of Outta Bounds while operating under a unique logistical aspect of this ministry!

Camper Pre-Screening:

- To provide safe entry and minimize exposure at Day Camp, we ask all campers to keep interactions to a minimum 7 days prior to arrival. We recognize this may be difficult but appreciate whatever efforts can be made to decrease exposure for a safer camp.
- Parents/Guardians will need to monitor for symptoms and/or exposure, together with completing an online 7-Day Screening form answering questions about your child's health.
- Families will also need to monitor and answer a symptom checklist for each child attending Day Camp when they arrive each day.
- Parents/guardians must keep child(ren) home if symptoms and/or exposure are present and commit to rescheduling the camper's session instead of bringing their child(ren) to camp.

Our staff will conduct a temperature check upon arrival each day and if there are symptoms present, the camper will be isolated by a medical staff member and the camper will be asked to return home and reschedule to attend a different session pending availability. The camper will need to follow the Safe Re-Entry to Camp policy below to return to camp.

Staff Screening: We believe in our ability to provide safe and knowledgeable staff for your child(ren). Although guidelines for testing and vaccines are changing rapidly, we plan to isolate staff in small groups during staff training, test them for COVID-19 prior to arrival, and test staff weekly throughout the summer. Staff will also work within their cohort groups, practice social distancing and mask wearing when outside cohort groups, as well as reside in isolated housing to reduce the risk of exposure during camper sessions.

Opening and Closing Days, Daily Check-In and Pick-Up: Our efforts to keep your child safe include minimizing contact with anyone outside of the camp community. Although we understand the importance to both you and your child with our Opening Day traditions and Closing Day Ceremony, the safety of the camp community must come first. Regardless of any potential program adjustments, we will make sure your child(ren) feel welcome and comfortable, as well as personally escort them to their cabin group and help them with their belongings. Current guidelines dictate that our Closing Ceremony will only be for the campers. If individual county/church guidelines change, we will alert you to any modifications for families to attend this special event!

During check-in each morning, we are asking parents/guardians to adhere to social distancing guidelines and state mandated mask requirements. Please allow extra time for daily health screenings and temperature checks. Staggered arrival times may be scheduled to provide an efficient flow of traffic. We will confirm this process prior to your arrival.

During pick-up each afternoon, we are asking parents/guardians to adhere to social distancing guidelines and state mandated mask requirements. Pending Covid guideline status, we will communicate if pick-up will be inside or outside. For either scenario, we will release your child after the security card has been provided and the child has been signed out. If you forget your security card, we will issue a new one if the adult is listed on the Permission for Pick-Up form.

Safety During Session: As part of our efforts, in partnership with county guidelines, to provide a safe environment and make activity modifications your child(ren) will enjoy, campers will be assigned to small cabin groups that will operate in cohorts by doing lunch, activities, and programming with their group. Please note that each church and county have different policies on mask requirements and we will update you on your specific church location's policy prior to arrival via email and on our website. Regardless of church location/county, our staff will continue to wear masks and cohorts will continue to practice social distancing when other cohorts are present. Large group gatherings for programs and games indoors/outdoors may take place if we are able to implement appropriate social distancing between groups and if restrictions have been lifted in that county/church. We will also practice regular hand washing with our cabins and utilize sanitizing stations provided throughout camp. We will make this part of our daily routine and sing songs or do cheers to make it fun! The Day Camp activity area will also be sanitized throughout the day, making an extra effort to clean shared spaces and commonly touched surfaces. Staff will also be equipped with health standards and ways to monitor campers for symptoms and promote healthy behaviors.

Quarantine Provisions: If a child exhibits symptoms of COVID-19 or other communicable disease during a camp session, the camper will be sent to the health tent for evaluation. Necessary determinations will be made at that time on quarantining or being sent home. If a camper tests positive for COVID-19 or another communicable disease during a camp session, the small group/cohort and parents will be notified immediately and sent home to quarantine as recommended by our medical staff and the county health department. If additional small groups/cohorts display symptoms, necessary determinations will be made on quarantining other campers and/or staff members, including the potential cancellation of a camp session. Parents/guardians will be contacted to make immediate arrangements to pick up their child with options for rescheduling another session under the Safe Re-Entry to Camp policy below.

Safe Re-Entry to Camp: If a camper is sent home to quarantine, he/she may return for a different session during the current summer pending availability and the following criteria are true:

- It has been 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever-reducing medications and
- Other symptoms of COVID-19 are improving

Proof of test results may be requested from the camper as well.



Outta Bounds Day Camp - Genesis Project Illness Prevention & Health Policy

Camp Timberline is dedicated to keeping our campers and staff as healthy as possible while they are on camp property. As such, we continue to take a proactive stance on all communicable and influenza-like illnesses. In accordance with CDC resources, the Environmental Health and Engineering (EHE) Guidebook, the American Camping Association (ACA), the Association of Camp Nursing (ACN), as well as our state and local health department guidelines, the following procedures have been put in place to minimize the spread of illness and are subject to change as more information becomes available.

- Upon arrival, campers will receive a temperature reading along with a 24-Hour Health Screening form to address current symptoms, exposure, and medication.
- If a camper has **ONE** of the **MAJOR** symptoms below, the camper will be immediately isolated at the health tent by the Director and a parent/guardian will be contacted to pick up their child for further evaluation:
 - a. Cough ***or***
 - b. Shortness of breath ***or***
 - c. Loss of taste or smell ***or***
 - d. Temperature above 100.4°
- If a camper has **TWO** of the **MINOR** symptoms below, the camper will be evaluated by the Director, deferring to the most current county health department guidelines to determine the appropriate next steps:
 - a. Runny nose
 - b. Headache
 - c. Sore throat
 - d. GI Issues (nausea/vomiting/diarrhea)
 - e. Does not feel well (achy/fatigue)
- All suspect and confirmed cases of Covid-19 will be reported to public health within 24 hours.
- If there is a suspected case, parents will be notified and cover potential expenses that may be incurred if their camper needs to be tested for Covid-19.
- Public health will make the final determination on who is a close contact and will be placed in quarantine. Cabin-mates and anyone who has spent a cumulative 15 minutes within 6 feet of a case will be considered close contacts.
- If a camper is placed in isolation, the parent/guardian will be notified to pick up their child and must follow the travel rules below.
- If a camper is sent home to isolate, he/she may return for a different session during the current summer pending availability and the Safe Re-Entry to Camp policy is followed.

Travel Rules: If a camper is placed in quarantine or isolation, the family must follow these Public Health rules after leaving camp.

- Campers may only travel by car if they can reach their destination without stopping (for gas, rest stops, etc.).
- Campers may not travel with others unless those people will quarantine with them.
- Campers may not travel by air.
- Campers may not leave the state of Colorado without permission from public health.

Isolation for Confirmed, Probable, and Suspect Cases of Covid-19 will Last:

- 10 days from onset of symptoms (or specimen collection date if no symptoms);
- AND 24 hours fever-free without use of fever-reducing medications;
- AND improvement of symptoms.

Quarantine for all Contacts of Confirmed, Probable, or Suspect Covid-19 Cases will Last:

- 7 days if no symptoms develop and a negative test collected on day 5-7 is obtained, plus masking and maintaining distance from others for a full 14 days.
- 10 days if no symptoms develop, plus masking and maintaining distance from others for a full 14 days.
- 14 days if masking or distancing is not possible.
- If symptoms develop anytime during quarantine, isolation must begin. Testing is strongly recommended.

Other Camp Safety Measures:

- Campers are monitored by their counselors throughout the week for any exposure, along with a daily temperature check.
- Staff are educated on the importance of hand washing and guide their campers in this effort throughout the day.
- Alcohol based hand cleaner is used before every meal, as well as soap in each bathroom.
- Tissues are provided in the common areas of camp and in each bathroom.
- The common camp areas will be cleaned and sanitized regularly by our staff.

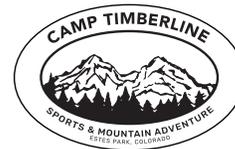
Safe Re-Entry to Camp: Campers may return for a different session during the current summer pending availability and the above Isolation and Quarantine guidelines have been followed. Proof of test results may be requested from the camper as well.

Agency Connections for More Information:

National: Center for Disease Control & Prevention - www.cdc.gov and American Camp Association - www.acacamps.org

State: Colorado Department of Public Health - www.cdphe.state.co.us

Local: Larimer County Department of Public Health - www.larimer.org/health



DAY CAMP STATEMENT OF PARTICIPATION – GENESIS PROJECT

CAMPER HEALTH EXPECTATIONS FOR SUMMER PROGRAM -

All campers should be able to participate in athletic activity at 5,000 to 6,000 feet above sea level. The Day Camp program does not have a registered nurse/medical personnel on site, but the Day Camp Director can administer basic medications and emergency prescriptions such as inhalers and EpiPens. If the camper needs insulin or medication requiring a syringe, a parent will need to be present to administer medication/care when those items are needed. Camp Timberline also expects campers to have their health and behavior well managed. Please see our Health/Behavioral Statement for more information.

CAMPER NAME: _____

The above-named camper is current on his/her DTaP/Tdap and/or DT/Td immunization. YES / NO

The camper named above is in satisfactory physical condition, free from any contagious disease, and capable of active participation in a regular camp program. YES / NO

Does the camper have any health concerns that would be impacted by a communicable disease like the Coronavirus? YES / NO

If YES, please explain: _____

The camper is under the care of a physician for the following conditions (please be specific and list any physical limitations, health concerns, or special care needed with current treatment): _____

Does the camper use an inhaler, EpiPen, or other emergency medication? YES / NO

If YES, please list the items that the camper is authorized to carry with them at all times: _____

Please list any known drug reactions and allergies that the camper has: _____

The above named camper may take Advil, Tylenol, Benadryl, and Tums provided by Camp Timberline (only as needed): YES / NO

If NO to any of these items, please list those the camper may NOT have: _____

Camper's Preferred Medical Facility: _____

Address: _____ Phone: _____

In the event of an emergency, I hereby give my permission for the Day Camp staff to access emergency medical services for my child, including transportation to the nearest health care facility, to receive emergency medical or surgical care and treatment. It is understood that a conscientious effort will be made to locate me, and I accept the expense of care and transport.

PARENT/GUARDIAN SIGNATURE:

_____ **Date:** _____

Colorado Allergy and Anaphylaxis Emergency Care Plan and Medication Orders

Student's Name: _____ D.O.B. _____ Grade: _____

School: _____ Teacher: _____

ALLERGY TO: _____

HISTORY: _____

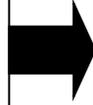


Asthma: YES (higher risk for severe reaction) NO

◇ STEP 1: TREATMENT ◇

SEVERE SYMPTOMS: Any of the following:

- LUNG: Short of breath, wheeze, repetitive cough
- HEART: Pale, blue, faint, weak pulse, dizzy,
- THROAT: Tight, hoarse, trouble breathing/swallowing
- MOUTH: Significant swelling of the tongue and/or lips
- SKIN: Many hives over body, widespread redness
- GUT: Repetitive vomiting, severe diarrhea
- OTHER: Feeling something bad is about to happen, confusion



1. **INJECT EPINEPHRINE IMMEDIATELY**
 2. Call 911 and activate school emergency response team
 3. Call parent/guardian and school nurse
 4. Monitor student; keep them lying down
 5. Administer Inhaler (quick relief) if ordered
 6. Be prepared to administer 2nd dose of epinephrine if needed
- *Antihistamine & quick relief inhalers are not to be depended upon to treat a severe food related reaction . **USE EPINEPHRINE**

MILD SYMPTOMS ONLY:

- NOSE: Itchy, runny nose, sneezing
- SKIN: A few hives, mild itch
- GUT: Mild nausea/discomfort



1. Alert parent and school nurse
2. Antihistamines may be given if ordered by a healthcare provider,
3. Continue to observe student
4. If symptoms progress **USE EPINEPHRINE**
5. Follow directions in above box

DOSAGE: Epinephrine: inject intramuscularly using auto injector (check one): 0.3 mg 0.15 mg

If symptoms do not improve _____ minutes or more, or symptoms return, 2nd dose of epinephrine should be given

Antihistamine: (brand and dose) _____

Asthma Rescue Inhaler: (brand and dose) _____

Student has been instructed and is capable of carrying and self-administering own medication. Yes No

Provider (print) _____ Phone Number: _____

Provider's Signature: _____ Date: _____

If this condition warrants meal accommodations from food service, please complete the medical statement for dietary disability

◇ STEP 2: EMERGENCY CALLS ◇

1. If epinephrine given, **call 911**. State that an allergic reaction has been treated and additional epinephrine, oxygen, or other medications may be needed.
2. Parent: _____ Phone Number: _____
3. Emergency contacts: Name/Relationship Phone Number(s)
 - a. _____ 1) _____ 2) _____
 - b. _____ 1) _____ 2) _____

EVEN IF PARENT/GUARDIAN CANNOT BE REACHED; DO NOT HESITATE TO ADMINISTER EMERGENCY MEDICATIONS

I give permission for school personnel to share this information, follow this plan, administer medication and care for my child and, if necessary, contact our health care provider. I assume full responsibility for providing the school with prescribed medication and delivery/monitoring devices. I approve this Severe Allergy Care Plan for my child.

Parent/Guardian's Signature: _____ Date: _____

School Nurse: _____ Date: _____

To be completed by healthcare provider



Health/Behavioral Camper Policy Outta Bounds Day Camp

STATEMENT:

The safety, well-being, and health of your camper is top priority at Camp Timberline. Our environment, programmed activities, and staff availability are how we determine the best scenario in meeting camper medical and behavioral needs. We want it to be a successful experience for each camper. Thus, for the Day Camp program, we have found that campers who have **completed kindergarten through 6th grade** thrive the best in this setting. Kids in this age group are comfortable with a daily schedule, being in small groups, and having an adult other than their parent guide them through activities. Please consider your camper's age as well as medical and/or behavior conditions listed below if you would like your child to attend Outta Bounds.

Please notify our staff if your child has not attended kindergarten yet or there are medical and/or behavior conditions to consider prior to attending camp. Each condition is considered on a case by case basis and final acceptance is at the sole discretion of the Camp Director after consultation with the medical team.

Medical and/or Dietary:

These are conditions that require careful monitoring of the camper's physical condition.

Medical Concerns: Diabetes, Cystic Fibrosis, Hemophilia, Epilepsy, and heart conditions need to be reviewed by our directors. **The day camp program does not have a registered nurse on site, but the Day Camp Director can administer basic medications and emergency prescriptions such as inhalers and EpiPens. If your child needs insulin or medication requiring a syringe, please have a parent commit to being present to administer medication/care when those items should be taken.**

Dietary Concerns: Celiac Disease, peanut allergies and dairy allergies need to be reviewed with our directors and food service staff.

Social/Emotional/Behavioral:

These are conditions in which the camper and the lives of those around them are impacted. Separation Anxiety, Depression, Suicidal Tendency, Learning Disability, Language Delay, Observed Behavior Challenges, Autism, Asperger's, and Down's Syndrome are some examples.

Ultimately, each child is expected to thrive within the Essential Functions of Camp Timberline as defined below.

ESSENTIAL FUNCTIONS of a Camp Timberline Camper:

- **Function Independently** – In an active environment for a full week without requiring one-on-one supervision. All health and behavioral issues need to be self-managed without a parent/guardian present.
- **Interact Cooperatively with Others** – Campers must be able to effectively interact in a group-based or community environment.
- **Be Attentive and Follow Directions** – Campers need to respond well to authority and follow directions from the counseling staff over a sustained period of time. Safety is priority and each camper is responsible to follow the guidelines and rules set forth by the Camp Timberline staff.
- **Maintain Physical Activity at 5,000-6,000 Feet Above Sea Level** - Our program is very active for campers. Daily activities include sports, high ropes courses, climbing walls, and games. Campers must be able to engage in activities within these conditions.