



Overnight Camp Illness Prevention & Health Policy

Camp Timberline is dedicated to keeping our campers and staff as healthy as possible while they are on camp property. As such, we continue to take a proactive stance on all communicable and influenza-like illnesses. In accordance with CDC resources, the Environmental Health and Engineering (EHE) Guidebook, the American Camping Association (ACA), the Association of Camp Nursing (ACN), as well as our state and local health department guidelines, the following procedures have been put in place to minimize the spread of illness and are subject to change as more information becomes available.

- Each camper is pre-screened with an online 14-Day Health form that will be evaluated by our health staff. Upon arrival, campers will receive a temperature reading along with a 24-Hour Health Screening form to address current symptoms, exposure, and medication.
- If a camper has **ONE** of the **MAJOR** symptoms below, the camper will be immediately isolated and may be sent home as recommended by our health staff and county health department.
 - a. Cough ***or***
 - b. Shortness of breath ***or***
 - c. Loss of taste or smell ***or***
 - d. Temperature above 100.4°
- If a camper has **TWO** of the **MINOR** symptoms below, the camper will be evaluated by our health staff, deferring to the most current county health department guidelines to determine the appropriate next steps:
 - a. Runny nose
 - b. Headache
 - c. Sore throat
 - d. GI Issues (nausea/vomiting/diarrhea)
 - e. Does not feel well (achy/fatigue)
- All suspect and confirmed cases of Covid-19 will be reported to public health within 24 hours.
- If there is a suspected case, parents will be notified and cover potential expenses that may be incurred if their camper needs to be tested for Covid-19.
- Public health will make the final determination on who is a close contact and will be placed in quarantine. Cabin-mates and anyone who has spent a cumulative 15 minutes within 6 feet of a case will be considered close contacts.
- If a camper is placed in isolation, the parent/guardian will be notified to pick up their child and must follow the travel rules below.
- If a camper is sent home to isolate, he/she may return for a different session during the current summer pending availability and the Safe Re-Entry to Camp policy is followed.

Travel Rules: If a camper is placed in quarantine or isolation, the family must follow these Public Health rules after leaving camp.

- Campers may not travel by air.
- Campers may not leave the state of Colorado without permission from public health.
- Campers may not travel with others unless those people will quarantine with them.
- Campers may only travel by car if they can reach their destination without stopping (for gas, rest stops, etc.).
- If the parent/guardian cannot get the child home while following the travel rules, the parent may choose to stay in a hotel with their child for the duration of the quarantine or isolation. The costs of this will be covered by the parent/guardian.

Isolation for Confirmed, Probable, and Suspect Cases of Covid-19 will Last:

- 10 days from onset of symptoms (or specimen collection date if no symptoms);
- AND 24 hours fever-free without use of fever-reducing medications;
- AND improvement of symptoms.

Quarantine for all Contacts of Confirmed, Probable, or Suspect Covid-19 Cases will Last:

- 7 days if no symptoms develop and a negative test collected on day 5-7 is obtained, plus masking and maintaining distance from others for a full 14 days.
- 10 days if no symptoms develop, plus masking and maintaining distance from others for a full 14 days.
- 14 days if masking or distancing is not possible.
- If symptoms develop anytime during quarantine, isolation must begin. Testing is strongly recommended.

Other Camp Safety Measures:

- Campers are monitored by their counselors throughout the week for any exposure, along with a daily temperature check.
- Staff are educated on the importance of hand washing and guide their campers in this effort throughout the day.
- Alcohol based hand cleaner is provided, as well as soap in each cabin and hand-washing stations around camp.
- Tissues and increased ventilation are provided in the common areas of camp and in each cabin.
- The common camp areas will be cleaned and sanitized regularly by our staff.

Safe Re-Entry to Camp: Campers may return for a different session during the current summer pending availability and the above Isolation and Quarantine guidelines have been followed. Proof of test results may be requested from the camper as well.

Agency Connections for More Information:

National: Center for Disease Control & Prevention - www.cdc.gov and American Camp Association - www.acacamps.org

State: Colorado Department of Public Health - www.cdphe.state.co.us

Local: Larimer County Department of Public Health - www.larimer.org/health