



## BEYOND TIMBERLINE EQUIPMENT LIST – PAGE 1

**Welcome to Beyond Timberline!** We look forward to having you with us at Camp Timberline this summer. Please take the time to read the following information regarding your equipment choices.

At Camp Timberline we provide all of the necessary wilderness equipment for Beyond Timberline. However, you will need to provide personal items in addition to the equipment we provide. If you have personal equipment (such as backpacks, sleeping bags, etc.) that you would like to use on your trip please feel free to bring them along! Our guides will inspect your gear and determine if it is suitable for your trip. Our guides may deem some equipment unfit for trail and will encourage use of Camp Timberline’s equipment.

Due to our accommodations you need to limit your packing to one large duffel or a couple of modest duffels. While you pack, think of ways you can make everything as light as possible (i.e. a small bible, travel size sunscreen and/or bug spray, etc.). If you choose to bring your own pack make sure it is large enough to fit your own gear as well as group gear (food, tent, stove, etc.). We recommend a backpack that is 60 -75 liters.

**Important!** In addition to your gear, you will need street clothes to change into once your backpacking trip is over. You will also be in desperate need of a shower so we advise that you bring a towel, shampoo, conditioner, etc.

While making selections on gear, keep in mind that weather in Colorado can be extremely unpredictable and can change rapidly. Rain is likely and temperatures can vary dramatically. Because you will spend a week in the wilderness, you will need to bring enough layers to keep you comfortable no matter what conditions you may face. We have developed a list of personal items that will prepare you for any weather you may face.

If you have any questions or you would like more information regarding any of the items in the Equipment List, please contact us at (970) 484-8462, or [office@camptimberline.com](mailto:office@camptimberline.com).

LOWER BODY LAYERS			
You will need 1-2 synthetic insulating layers. All layers should fit comfortably over each other so that they can be worn at the same time. If you tend to get cold easily, add a middle layer of mid-weight bottoms to the under layer and fleece pants.			
Check	Equipment	Quantity	Comments
	Base Layer (Mid-Weight Synthetic)	1	Mid-weight bottoms of high performance polyester, polypropylene, or Capilene®. Cotton is not acceptable.
	Hiking Pants	1	Expedition-weight bottoms that fit comfortably over the under layer bottoms.
	Fleece Pants (optional)	1	To go over your base layer while at camp. Side zippers make it easier to put on over boots.
	Rain Pants (optional)	1	Although not required, some people like to use rain pants in conjunction with a rain jacket
	Nylon Shorts	1	Loose-fitting nylon athletic / river shorts
	Underwear	2	Synthetic. If you choose to go without underwear, use nylon shorts with liners. Girls can wear what’s comfortable; cotton, silk or synthetics.



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UPPER BODY LAYERS			
Layering your clothes is an effective way to stay comfortable while in the backcountry. Combining different garments will allow you to achieve optimum insulation and protection from wind and rain. Synthetic and wool fibers insulate when wet. Avoid using cotton, as it does not insulate when wet, and takes a lot longer to dry out.			
Check	Equipment	Quantity	Comments
	Base Layer (Mid-Weight Synthetic)	1	Mid-weight underwear top made of wool, synthetic, or Capilene®.
	Middle Layer (Fleece Pullover)	1	Polyester fleece pullover, wool sweater, etc.
	Top Layer (Synthetic "Puffy" Jacket)	1	Synthetic full-length zip jacket. Fiberfill jacket of Polartec® 300 or equivalent weight.
	Rain Jacket	1	A sturdy, roomy waterproof jacket with a hood. Both coated nylon and breathable fabrics such as Gore-Tex® are acceptable.
	T-Shirt	1	A lightweight polyester, wool / Capilene®.

HEAD, NECK & HAND LAYERS			
Check	Equipment	Quantity	Comments
	Baseball Cap or Wide Brim Sun Hat	1	To protect ears and face from the sun.
	Balaclava (optional)	1	Full head and neck covering with an opening for the face.
	Wool or Fleece Hat	1	A warm hat for colder weather.
	Gloves	1	Ragg wool or synthetic (fleece).

SLEEPING GEAR			
Check	Equipment	Quantity	Comments
	Sleeping Bag	1	Synthetic-filled bags perform well in the variety of conditions we encounter. A 20°bag or one of close equivalent will suffice.
	Compression Bag	1	A compression stuff sack for your sleeping bag.
	Garbage Bags	2 or 3	Heavy-duty lawn and garden bags to help protect the contents of your backpack from water.
	Sleeping Pad	1	We provide ¾" closed-cell foam pads designed for ground insulation over comfort. If you wish to bring your own we recommend self-inflating sleeping mats. Thermarest and Insulmat are great brands.



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MISCELLANEOUS ITEMS			
Check	Equipment	Quantity	Comments
	Bible	1	Very Important. Travel size.
	Water Bottle	2	At least 2 wide-mouth, quart or liter-size plastic bottles such as the Nalgene® brand. Having enough water is essential to feeling good in the backcountry.
	Plastic Bowl and Spoon	1	Tupperware with a lid works great. REI carries plastic sporks that are handy.
	Lip Balm	1	Stick, cream, or tube type moisturizing balm with sun protection factor (SPF) 15 or greater.
	Sunscreen	1	A 3 to 6 ounce tube with sun protection factor (SPF) 15 or greater.
	Bandannas	1 or 2	A few of these are always handy.
	Head Lamp/Flashlight	1	Durable and lightweight. Headlamps are popular. Bring spare batteries.
	Insect Repellent	1	Small bottles. No aerosol spray cans.
	Toiletries	1	Toothbrush, toothpaste, comb, brush, skin lotion. Travel or trial sizes are enough. Bring your own. (If applicable to girls, bring your own feminine products)
	Notepad and Pencil	1	A small, lightweight note pad is fine.
	Instant Hand Sanitizer	1	A 2 oz. bottle for keeping hands clean.
	Sunglasses	1	Any good quality sunglasses with 100% UV protection will work fine.
	Sunglass Retainers (optional)	1	Chums® or Croakies® for keeping track of your glasses or sunglasses.

FOOTWEAR			
Check	Equipment	Quantity	Comments
	Boots	1 pair	Sturdy leather heavy backpacking or light mountaineering boots with good ankle support. <i>See our suggestions below</i>
	Wool Socks	4 - 5 pair	Heavy ragg wool or heavy wool/polypropylene blend.
	Camp Shoes	1 pair	Light weight running, tennis, or cross-training athletic shoes to wear around camp.



## BEYOND TIMBERLINE PACKING LIST – PAGE 4

### Boot Recommendations

Medium-weight, off-trail backpacking/light mountaineering boots work best. This type of backpacking boot is constructed with a full grain leather upper and typically has a Vibram® rubber sole. These boots are designed for extended backpacking, provide good support for off-trail hiking with heavy packs, and usually require less break-in time than heavyweight mountaineering boots.

It is crucial to wear your boots before embarking on your backpacking trip with Beyond Timberline. Boots take time to break-in and form to your foot. If you choose to not wear your boots before your trip you risk having sore feet and/or blisters. OUCH!

The list below is for suggestions only, and by no means a limitation of boots you have to purchase. We have compiled a list of boots we feel are adequate for the type of trip you will be embarking on, but there are tons of choices out there that are the equivalent in durability and performance. If it is your first time purchasing boots it is best to go to a store that carries a wide variety in order to try on multiple pairs. If you already own boots then it is not necessary to purchase additional ones.

### Examples\*

- **Salomon:** Quest 4D 2 GTX
- **Lowa:** Renegade GTX Mid
- **Scarpa:** R-Evolution GTX

OPTIONAL ITEMS			
Check	Equipment	Quantity	Comments
	Prescription Glasses and Contact Lenses	2 or 3 pairs	Bring a spare pair of glasses or lenses. Contact lens wearers should also bring a pair of glasses as backup.
	Book	1	A small paperback reading book.
	Trekking Poles	1	A sturdy 2-3 section pole.
	Camera	1	Avoid heavy lenses and elaborate set-ups. Disposable cameras work great.
	Camp Chair	1	Crazy Creek or one with Therm-A-Rest fitting.

### Group Equipment

All items listed below are provided by Beyond Timberline and shared among all expedition members.

Tents & Shelters	Maps & Compass	Camp Stoves	Bear Cans
First Aid Kits	Equipment Repair Kits	Fuel & Fuel Bottles	Trowels or Shovels
Reference Books	Cooking Gear		

### Camp Timberline Equipment Available For Use

20 degree Synthetic Sleeping Bag

Therm-A-Rest Foam Sleeping Pad

75 Liter Backpack