



# Outta Bounds Day Camp

## Illness Prevention & Health Policy

Camp Timberline is dedicated to keeping our campers and staff as healthy as possible while they are on camp property. As such, we continue to take a proactive stance on all communicable and influenza-like illnesses. In accordance with CDC resources, the American Camping Association (ACA), the Association of Camp Nursing (ACN), as well as our state and local health department guidelines, the following procedures have been put in place to minimize the spread of illness and are subject to change with fluctuations in our county and state.

- Upon arrival on Opening Day, Monday, campers will receive a temperature reading along with a 24-Hour Health Screening form to address current symptoms, exposure, and medication.
- If a camper has ONE of the MAJOR symptoms below, the camper will be immediately isolated and may be sent home as recommended by our health staff and county health department for
  - a. New or worsening cough or
  - b. Shortness of breath or difficulty breathing or
  - c. GI Issues (nausea/vomiting/diarrhea) or
  - d. Temperature of 100.4° or greater
- If a camper has TWO of the MINOR symptoms listed below, the camper will be evaluated by our health staff, deferring to the most current County Health Department guidelines to determine the appropriate next steps.
  - a. Runny nose or congestion
  - b. Headache
  - c. Sore throat
  - d. Does not feel well (achy/fatigued)
- If a camper is placed in isolation, the parent/guardian will be notified to pick up their child.
- If a camper is sent home to isolate, he/she may return for a different session during the current summer, pending availability.

### Other Camp Safety Measures:

- Campers are monitored by their counselors throughout the week for any symptoms.
- Staff will be pre-screened before arrival and follow all public health guidelines while employed.
- Staff are educated on the importance of hand washing and guide their campers in this effort throughout the day.
- Alcohol based hand cleaner is provided, as well as soap, in each church bathroom.
- The common camp areas will be cleaned and sanitized regularly by our staff.

**Safe Re-Entry to Camp:** Campers may return for a different session during the current summer pending availability. Camp Timberline's health team will need to be contacted to verify the camper is healthy enough to attend camp.

For other illnesses, a camper may return if symptoms are improving, Camp Timberline's health staff have been consulted, and the camper is fever-free for 24 hours without fever reducing medications, unless the fever is caused by an illness that requires them to stay home longer.

Agency Connections for More Information:

National: Center for Disease Control & Prevention - [www.cdc.gov](http://www.cdc.gov) and American Camp Association – [www.acacamps.org](http://www.acacamps.org)

State: Colorado Department of Public Health - [www.cdphe.state.co.us](http://www.cdphe.state.co.us)

Local: Larimer County Department of Public Health - [www.larimer.org/health](http://www.larimer.org/health)

Parent/Guardian Agreement: I have read and agree to the Camp Timberline Illness Prevention & Health policy.

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Parent/Guardian Signature

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Date