



# Health/Behavioral Camper Policy

## Overnight Camp Programs

### STATEMENT:

The safety and health of your camper is first priority at Camp Timberline. Our location, environment and staff availability are how we determine the best scenario in meeting camper medical and behavioral needs. We want it to be a successful and safe experience for each camper. **Therefore, our staff must be notified of each medical and/or behavior condition prior to attending camp. Each condition is considered on a case by case basis and final acceptance is at the sole discretion of the Camp Director after consultation with the medical team.**

These conditions may be one of the following:

### Medical and/or Dietary:

These are conditions that require careful monitoring of the camper's physical condition.

Medical Concerns: Diabetes, Cystic Fibrosis, Hemophilia, Epilepsy, and heart conditions need to be reviewed by our directors.

Dietary Concerns: Celiac Disease, peanut allergies and dairy allergies need to be reviewed with our directors and food service staff.

### Program Restrictions:

- For overnight camp programs, any food items required outside of the regular camp menu will need to be brought separately by the camper, labeled by day and meal, and stored in a cooler for the food service team to prepare. A Food Allergy Action Plan must be completed during registration and discussed with a director prior to arrival.
- Due to the remote locations and rustic meal plan for our backpacking program (**Beyond Timberline**), campers who have diabetes and/or severe food allergies should consider a different program.
- The day camp program (**Outta Bounds**) does not have a registered nurse on site, therefore campers with diabetes or significant health concerns should consider a different program or have a parent commit to being present to administer medication/care.

### Social/Emotional/Behavioral:

These are conditions in which the camper and the lives of those around them are impacted. Depression, Anxiety, Suicidal Tendency, Learning Disability, Language Delay, Observed Behavior Challenges, Autism, Asperger's, and Down's Syndrome are some examples.

Ultimately, each child is expected to thrive within the Essential Functions of Camp Timberline as defined below.

### ESSENTIAL FUNCTIONS of a Camp Timberline Camper:

- **Function Independently** – In a remote, rustic environment for a full week without requiring one-on-one supervision. All health and behavioral issues need to be self-managed in a successful way.
- **Live Cooperatively with Others** – Campers must be able to effectively interact in a group-based or community living environment.
- **Be Attentive and Follow Directions** – Campers need to respond well to authority and follow directions from the counseling staff over a sustained period of time. Safety is priority and each camper is responsible to follow the guidelines and rules set forth by the Camp Timberline staff.
- **Maintain Physical Activity at 9,400 Feet Above Sea Level** - Our program is very active and physically challenging for campers. Daily activities include 3 hours of sports and mountain adventure at a higher altitude. Campers must be able to engage in activities both indoors and outdoors within these conditions, on land and water.  
\*The **Outta Bounds Day Camp** program operates at 5,000+ feet above sea level and campers maintain the same level of physical activity as overnight camp.