



# Health/Behavioral Camper Policy

## Outta Bounds Day Camp

### **STATEMENT:**

The safety and health of your camper is first priority at Camp Timberline. Our location, environment and staff availability are how we determine the best scenario in meeting camper medical and behavioral needs. We want it to be a successful and safe experience for each camper. **Therefore, our staff must be notified of each medical and/or behavior condition prior to attending camp. Each condition is considered on a case by case basis and final acceptance is at the sole discretion of the Camp Director after consultation with the medical team.**

These conditions may be one of the following:

### **Medical and/or Dietary:**

These are conditions that require careful monitoring of the camper's physical condition.

Medical Concerns: Diabetes, Cystic Fibrosis, Hemophilia, Epilepsy, and heart conditions need to be reviewed by our directors. **The day camp program does not have a registered nurse on site, therefore campers with diabetes or significant health concerns should consider a different program or have a parent commit to being present to administer medication/care.**

Dietary Concerns: Celiac Disease, peanut allergies and dairy allergies need to be reviewed with our directors and food service staff.

### **Social/Emotional/Behavioral:**

These are conditions in which the camper and the lives of those around them are impacted. Depression, Anxiety, Suicidal Tendency, Learning Disability, Language Delay, Observed Behavior Challenges, Autism, Asperger's, and Down's Syndrome are some examples.

Ultimately, each child is expected to thrive within the Essential Functions of Camp Timberline as defined below.

### **ESSENTIAL FUNCTIONS of a Camp Timberline Camper:**

- **Function Independently** - In an active environment for a full week without requiring one-on-one supervision. All health and behavioral issues need to be self-managed in a successful way.
- **Interact Cooperatively with Others** - Campers must be able to effectively interact in a group-based or community environment.
- **Be Attentive and Follow Directions** - Campers need to respond well to authority and follow directions from the counseling staff over a sustained period of time. Safety is priority and each camper is responsible to follow the guidelines and rules set forth by the Camp Timberline staff.
- **Maintain Physical Activity at 5,000-6,000 Feet Above Sea Level** - Our program is very active for campers. Daily activities include sports, high ropes courses, climbing walls, and games. Campers must be able to engage in activities within these conditions.